

COASTLINE COLLEGE

Mental Health Referrals & Resources Information Guide for Los Angeles County

SUICIDE PREVENTION & CRISIS HOTLINES

- National Suicide Prevention Lifeline, 24/7 (800) 273-8255
Spanish call (888) 628-9454 | Deaf+Hard of Hearing (800) 799-4889
- Los Angeles Access and Crisis Line, 24/7 (800) 854-7771
Crisis Text Line: Text LA to 741741
- Trevor Lifeline, 24/7
(866) 488-7386
Text START to 678678
- Didi Hirsch suicide prevention Center hotline 24/7 (800) 273-8255
Services also available in Spanish.
Teen line from 6pm-10pm nightly
(310) 855-4673 or text TEEN to 839863
- Los Angeles Warmline (855) 952-9276
A warmline is a confidential overnight telephone support service for anyone who is struggling.

IMMEDIATE CRISIS RESPONSE

- Psychiatric Mobile Response Team
(800) 854-7771

COUNTY OF LOS ANGELES ADULT BEHAVIORAL HEALTH – URGENT WALK-IN SERVICES

- SERVICE AREA 2 – SAN FERNANDO VALLEY
OLIVE VIEW URGENT COMMUNITY CARE SERVICES
Ph: (818) 485-0888

- SERVICE AREA 4 – DOWNTOWN
(EASTSIDE) EXODUS URGENT CARE
CENTER, Los Angeles Ph: (323) 276-6400
- SERVICE AREA 5 – WEST LOS ANGELES
(WESTSIDE) EXODUS URGENT CARE CENTER
Ph: (310) 253-9494
- SERVICE AREA 6 – SOUTH LOS ANGELES
Ph: (562) 295-4617
Intake: (800) 829-3923
- SERVICE AREA 8 – SOUTH
LA CASA MENTAL HEALTH URGENT
CARE CENTER, Long Beach Ph: (562) 630-8672

LOW COST MENTAL HEALTH COUNSELING

- Los Angeles County Department of Mental Health
ACCESS Center 24/7 Helpline at (800) 854-7771.
- Low Cost Community Counseling Center
(562) 868-9919
- Alma Family Services
Long Beach Location: (562) 624-1644
Walnut Location: (626) 965-4463
Pico Rivera Location: (562) 801-4266
- ENKI
Bell Gardens (562) 806-5000
Boyle Heights (323) 261-4900
Commerce (323) 725-1337
La Puente (626) 961-8971
Pico Union (213) 480-1557
West Covina (626) 974-0770

LGBTQIA+(PD) RESOURCES

- Los Angeles LGBT Center
(323) 993-7400

- Colors
(310) 574-2813 ext 366
E-mail: colors@antioch.edu For 25 years old and under
- The Trevor Project
www.thetrevorproject.org

DOMESTIC VIOLENCE SERVICES

- National Domestic Violence Hotline
(800) 799-7233, 24/7
TTY (800) 787-3224
- House of Ruth
24-hour hotline (877) 988-5559
Assists individuals and families victimized by domestic violence.
- Domestic Violence Shelters and 24 hour hotlines
Rainbow Services (310)547-9343
Jewish Family Service of Los Angeles
(818) 505-0900
1736 Family Crisis Centers
(213) 745-6434

SEXUAL ASSAULT SERVICES

- National Rape Hotline
(800)585-6231
- National Sexual Assault Hotline
(800) 656-4673 Rape, Abuse, Incest, National Network (RAINN)
- Center for the Pacific Asian Family
Sexual Assault Crisis Line
(800) 339-3940, 24-hour multilingual crisis hotline
- Peace Over Violence 24/7 hotline and Sexual Assault Response Team (SART)
Central Los Angeles (213) 626-3393
South Los Angeles (310) 392-8381
West San Gabriel Valley (626) 793-3385

SUBSTANCE USE SUPPORT & SERVICES

- Shields for Families
(323) 242-5000
TTY (800) 735-2922
- Alcoholics Anonymous
www.aa.org
- Narcotics Anonymous
www.na.org

For Additional Help

Call 714-241-6005

to make an appointment for mental health services at Coastline College